

TRIATHLON DE ST PIERRE LA MER (Commune de Fleury d'Aude) 22 SEPTEMBRE 2013

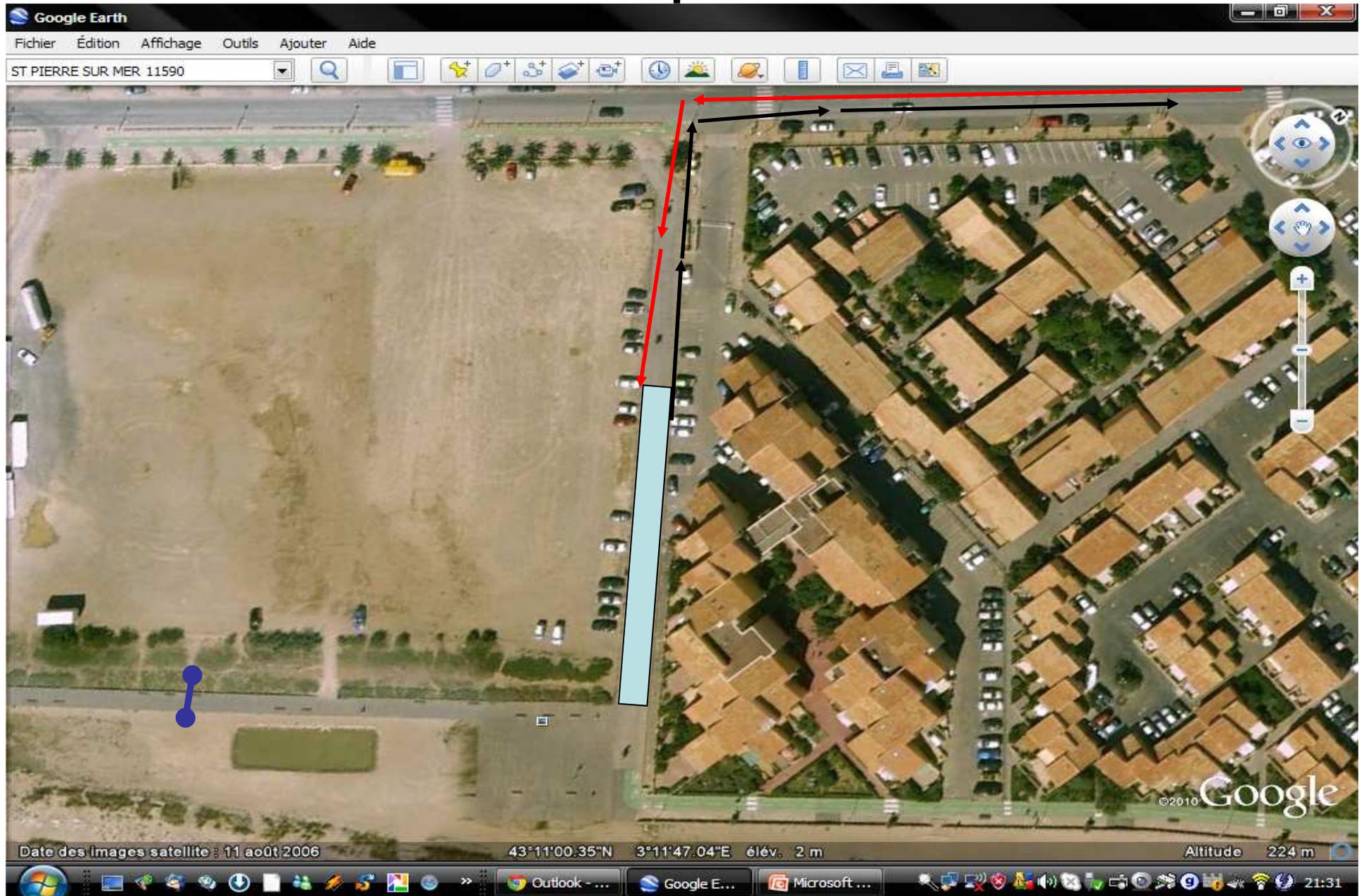


LE PROGRAMME

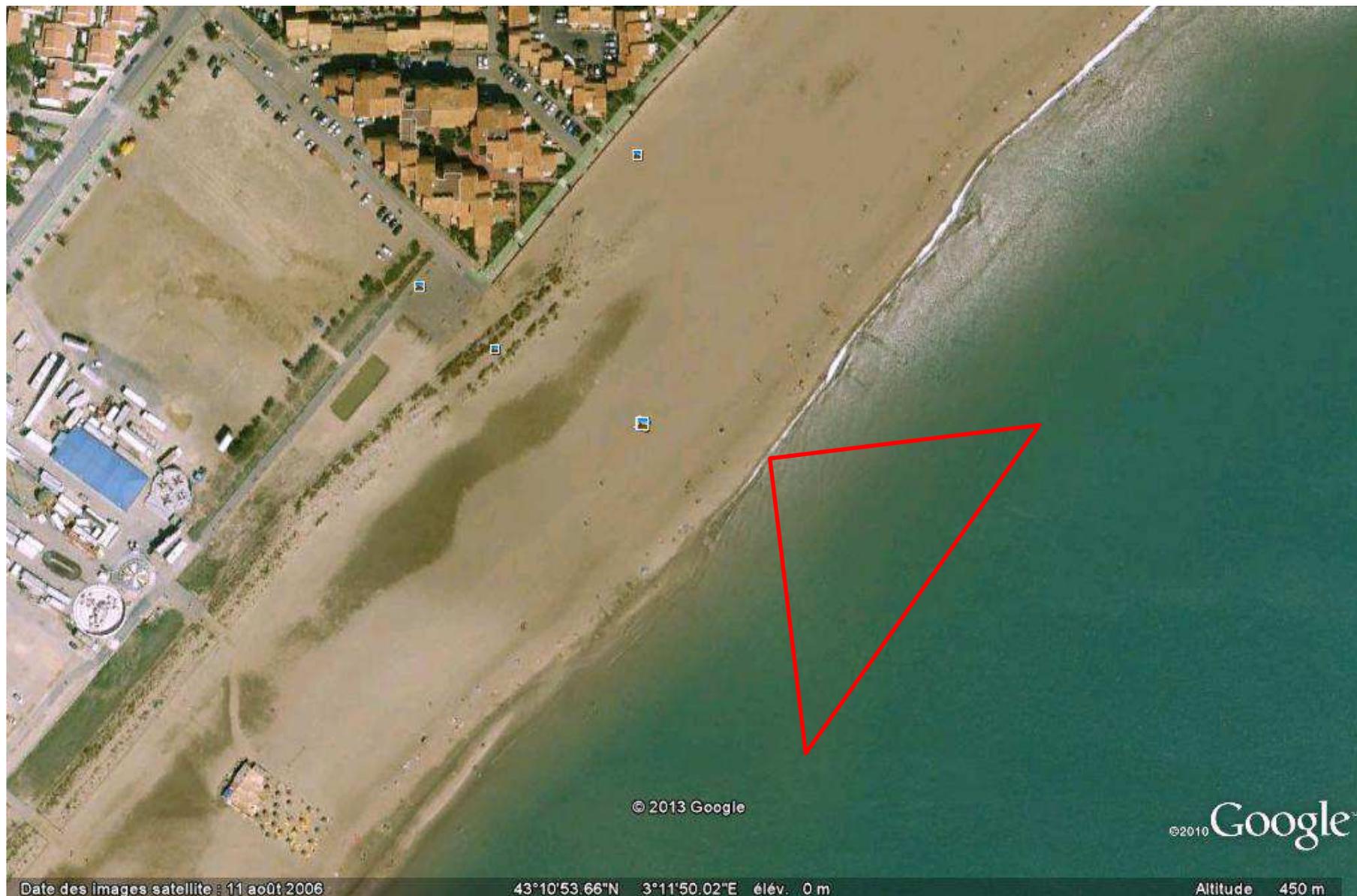
Dimanche 22 septembre 2013

- **07 H 00 RETRAIT DES DOSSARDS**
- **07 H 45 OUVERTURE PARC A VELO**
- **08 H 45 FERMETURE PARC A VELO ET BRIEFING**
- **9 H 00 DEPART XS**
- **09 H 45 DEPART DU S ET M (EN COMMUN)**
 - Distance S : 1 Boucle natation (bonnets rose)
 - Distance M :Sortie à l'Australienne et 2ème Boucle natation (bonnets bleus)
- **11 H 30 DEPART AVENIR 1 ET AV 2**

Vue mise en place triathlon



DISTANCE **M** : NATATION 2 BOUCLES DE 750 m
AVEC SORTIE A L'AUSITALIENNE
DISTANCE **S** 1 BOUCLE



Natation **Vélo** Cap



SORTIE DE ST PIERRE ET La traversée de St Pierre se fait par le haut (av des Garrigues) seul le départ et l'arrivée emprunteront le Bd des Embruns

The screenshot shows the Openrunner website interface. At the top, there are browser tabs for 'Openrunner - Planificateur' and 'Hotmix Radio Hits, écouter'. The address bar shows 'www.openrunner.com'. The main map area displays a route plan for a hike in St Pierre La Mer (11560). The route is highlighted in red and yellow, starting and ending on Bd des Embruns and passing through the 'Av des Garrigues' area. The map includes various street names such as 'Rue des Puyviers', 'Rue des Garrigues', 'Rue des Yuccas', and 'Rue des Rosiers'. A sidebar on the right contains a 'CARTES' section with options like 'Plan', 'Satellite', 'OpenStreetMap', and 'OpenCycleMap', and a 'COUCHES' section with options like 'Relief', 'Cycle', 'Photos', 'Ombrage SRTM3', 'Natura2000-ZPS', and 'Natura2000-SIC'. The bottom of the page features a Google advertisement for professional email, documents, and meetings, and a Windows taskbar with various application icons and the system clock showing 09:02 on 05/07/2013.

PARCOURS VELO M : 2 TOURS / DISTANCE S 1 TOUR

The screenshot displays the Openrunner web application interface. At the top, the browser window shows the URL www.openrunner.com. The main map area features a satellite view of a coastal region in France. A red line traces a cycling route with 20 numbered waypoints. The route starts at point 2 near the coast and proceeds through points 4, 6, 8, 10, 12, 14, 16, 18, and 20, eventually returning to the start. The map includes a toolbar with icons for GPS, zooming, and other navigation functions. A scale bar on the left indicates 1 km and 2 km. The status bar at the bottom of the map shows the coordinates: LAT, LNG: 43.203550°, 3.220620° and UTM: 31 N 517924 4783442. The name 'Annonceur' is visible below the coordinates. The Windows taskbar at the very bottom shows the system tray with the time 20:30 and several open applications including 'TRIATHL...', 'Microsoft...', and 'Openrun...'.

PARCOURS M VELO 2 TOURS

Openrunner - Planificateur d' x

www.openrunner.com

ID: -1
20.256 km

CENTRER SUR st pierre 11560

Salles-d'Aude
Fleury
La Bâtie
Hérault Aude
Saint-Raymond

CARTES

- Plan
- Satellite
- OpenStreetMap
- OpenCycleMap
- MapQuest
- HikeBikeMap
- Topo IGN France
- Topo Espagne

COUCHES

- Relief
- Cycle
- Photos
- Ombre SRTM3
- Natura2000-ZPS
- Natura2000-SIC

1 km
1 mi

LAT, LNG: 43.197420°, 3.227320° UTM: 31 N 518470 4782763

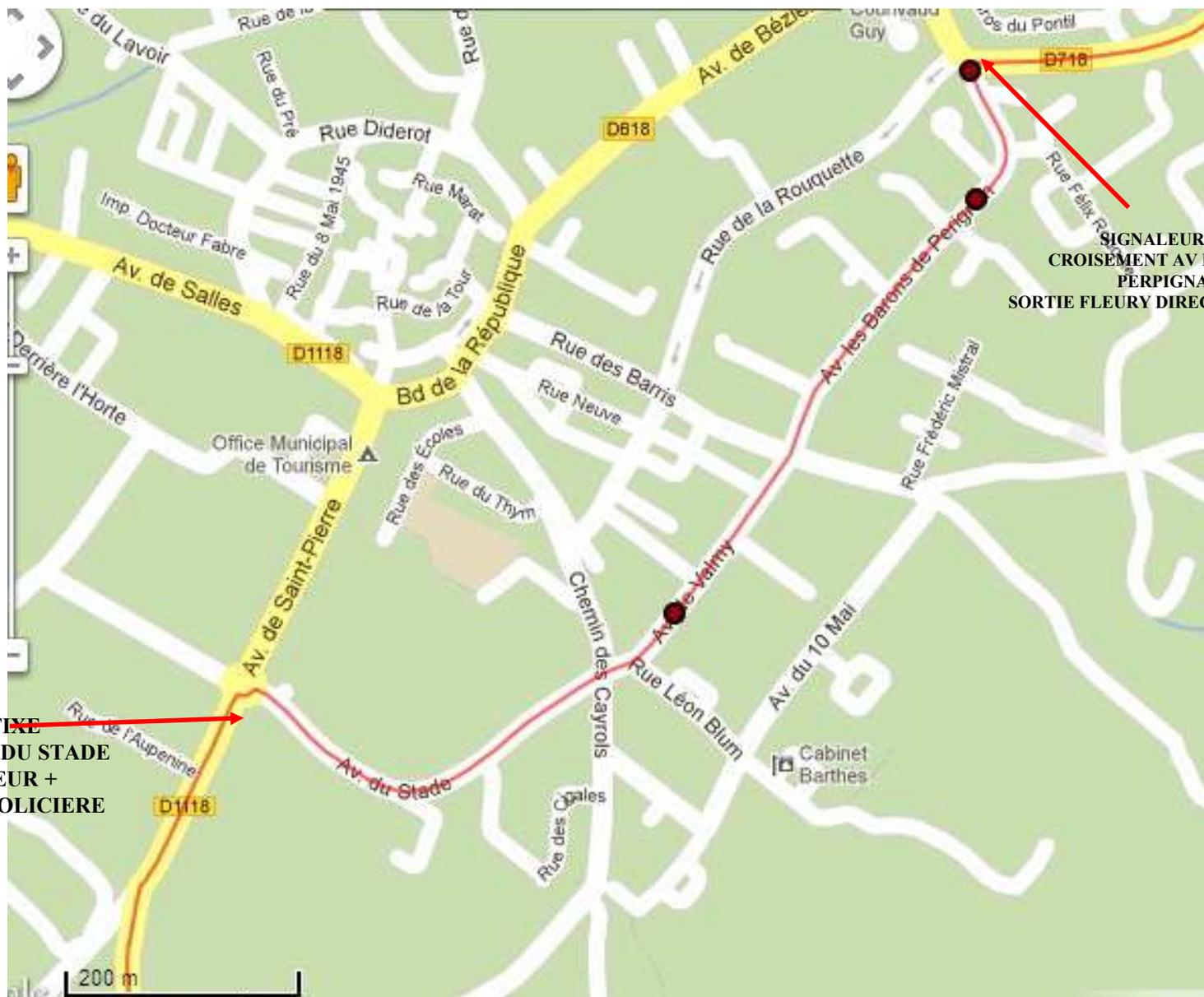
Données cartographiques ©2013 G

Batterie faible

Vous devriez immédiatement changer votre batterie ou bien vous brancher sur une source d'alimentation électrique afin de ne pas perdre votre travail.

22:07

TRAVERSEE DE FLEURY



SIGNALEUR + POLICE
CROISEMENT AV DES BARONS DE
PÉRIGNAN / D718
SORTIE FLEURY DIRECTION LES CABANES

CIBI 3FIXE
ROND POINT DU STADE
SIGNALEUR +
PRESENCE POLICIERE

Parcours vélo XS 1 A/R avec demi tour AU 5EME KM

The screenshot displays the Openrunner website interface. At the top, the browser tabs include Google, Hotmail (stephlinard@hotmail.com), Facebook, and Openrunner - Planificateur de... The address bar shows www.openrunner.com. The main content area features two map options: "SUR CARTE GOOGLE" (selected) and "SUR CARTE IGN-FRANCE". A toolbar on the left includes navigation and map controls. The map shows a red cycling route starting from a green pin on "Av. des Carrières" (D1118) and ending at a red pin on "st pierre sur mer 11100". A red circle with the number "5" marks a specific point on the route. The total distance is displayed as "5.086 km". The map also shows roads D1118 and D718, and geographical features like "Hérault Aude" and "Pistole". The bottom of the screen shows the Windows taskbar with the Start button, several open applications, and system icons including the time (22:12) and date (mardi).

Parcours course à pied

- Deux boucles avec un départ en direction Du camping de pisse vache demi tour et retour direction le port par le front de mer et la promenade

Les distances

- **M** 1500 m / 40 KM / 10 KM (2 TOURS)
- **S** 750 m / 20 KM / 5 KM (1 TOUR)
- **XS** 350 m / 10,00 KM / 2,5 KM
- **AVENIR 2** 150 m / 4 KM / 1 200 m
- **AVENIR 1** 75 m / 2 KM / 400 m

COURSE A PIED

PARCOURS COURSE A PIED 2 BOUCLES DE 5KM



Vue d'ensemble village triathlon

-  Toilettes
-  Inscriptions
-  Secours

-  Boucle de pénalité
-  natation
-  vélo
-  cap

